

## PROGRAM

### Time

### Tuesday, May 30

11:30-15:30

Hilton Reykjavik Nordica, Second floor  
Registration desk open

13:00 – 16:00

### PRECONFERENCE

12:00 - 13:00

We start the day with lunch

13:00 - 15:00

### Discussion groups

Conference Room E

Group 1: Expert by experience

**Moderator:** Jenna Mäkelä

Conference Room H

Group 2: Sharing Nordic experiences on treatment - what works and what's missing?

**Moderator:** Anders Nilsson

Conference Room I

Group 3: How do we evaluate and measure impact of responsible gambling activities?

**Moderator:** Maria Schietse

Conference Room F

Group 4: Experiences and practice of duty of care

**Moderator:** Maria Vinberg

Conference Room G

Group 5: Duty of care calls - aiming for a Nordic best practice

**Moderator:** Jakob Jonsson

15:00 - 15:30

### Coffee Break

15:30 - 16:30

### What have we learned?

Moderators give a short overview of the discussions in each group, then a communal discussion.

16:30 - 17:30

A drink and some socializing

Evening

Reykjavik downtown welcomes you...

### Time

### Wednesday, May 31

08:30

Hilton Reykjavik Nordica, Second floor  
Registration/Information desk opens

09:00 - 09:15

Conference Room HI

### Opening

Daníel Thor Ólason, SNSUS

09:15 - 09:30

**Official welcome**

Ögmundur Jónasson, former Minister of the Interior

09:30 - 10:30

Conference Room HI

**Plenum I:**

**Chair:** Inka Silvennoinen

Emerging forms of gambling: Rethinking gambling and gaming in the digital age  
Atte Oksanen, Professor, Tampere University, Finland

10:30 - 11:00

Foyer

**Coffee Break**

11:00 - 12:00

Conference Room HI

**Plenum II:**

**Chair:** Johan Tapio Vindum Eklund

Regulating gambling-like loot boxes in video games: what has failed and where to next?

Leon Y. Xiao, PhD Fellow at the IT University of Copenhagen

12:00 - 13:00

**Lunch**

13:00 - 14:30

**Parallel sessions**

Conference Room G

**Workshop 1. Gaming and gambling**

**Chair:** Johan Tapio Vindum Eklund

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1. Levelling-up video gaming from hobby to education: A qualitative exploration of Norwegian esports students' gaming routines, health practices, motivation in education and esports.

Stian Overå & Niri Talberg, KORUS Øst/Sykehuset innlandet Trust, Norway.

2. GAME-BLING: When gaming meets gambling.

Mina Hazar and Adela Colhon, YMCA, Toronto, Canada.

3. More than loot boxes: the role of video streams and gambling-like elements in the gaming-gambling connection among adolescents.

Eva Grosemans<sup>1</sup>, Rozane De Cock<sup>1</sup>, Lowie Bradt<sup>2</sup>, Bruno Dupont<sup>1</sup>, Steven Malliet<sup>3</sup>, Tim Smits<sup>1</sup>, Bieke Zaman<sup>1</sup> & Bart Soenens<sup>2</sup>

<sup>1</sup> Institute for Media Studies, KU Leuven, Belgium, <sup>2</sup> Department of Developmental- Personal- and Social Psychology, Ghent University, Belgium, <sup>3</sup> Inter-Actions, LUCA School of Arts Genk, Belgium

4. Two birds, one stone – diverse gaming problems, one effective intervention.

Sanni Behm & Tuomas Hallamaa, Peluri/the Finnish Blue Ribbon, Finland.

Conference Room H

**Workshop 2. Gambling behaviour and risk factors**

**Chair:** Daniel Þór Ólason

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1. Regularity measures' effect on gambling participation, Norwegian experiences.

Jonny Engebø, The Norwegian Gambling Authority, Norway.

2. Using registry data to study sociodemographic risk factors for risky and disordered gambling.

André Syvertsen, University of Bergen, Norway.

3. Preventing gambling harm internationally: European Gambling Harm Prevention Network

Riitta Matilainen, Finnish Association for Substance Abuse Prevention EHYT, Finland.

4. Lower risk gambling levels using behavioral data from a gambling monopolist.

Jakob Jonsson, Sustainable Interaction, Sweden.

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#### Conference Room I

### Workshop 3. Problem gambling and significant others

**Chair:** Thomas Nilsson

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1. Low-threshold peer support and peer support group for the close ones – what we have learned over the years

Hanna Karmakka-Asare, The Finnish Blue Ribbon, Finland.

2. Family matters – family members' experiences with help and support.

Trude Klevan & Bente Weimand, Akerhus University Hospital, Norway.

3. Utilization and views of support services by people with gambling problems and their concerned significant others.

Emmi Kauppila<sup>1,2</sup> (presenter), Camilla Metsäranta<sup>2</sup> & Johanna Vakkuri<sup>2</sup>, <sup>1</sup>University of Tampere, <sup>2</sup>A-Clinic Foundation, Finland.

4. Problem gambling among foreign-born men in Sweden.

Anders Nilson, Karolinska Institutet, Sweden.

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#### Conference Room F

### Workshop 4. Self-Exclusions and RG

**Chair:** Inka Silvennoinen

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1. Why do gamblers choose to self-exclude and why do they want to start again?

Camilla Collstam, AB Svenska Spel, Sweden.

2. The utilization of player account data in assessing the effectiveness of responsible gambling tools in Finland.

Tomi Roukka, Finnish Institute for Health and Welfare/University of Turku, Finland.

3. RG as part of customer journey, case Veikkaus.

Emmi Kankkunen, Veikkaus, Finland.

14:30 - 15:00

Foyer

**Coffee Break**

15:00 - 16:30

**Parallel sessions**

**Conference Room G****Workshop 5. Financial harms and gambling related suicides****Chair:** Jenna Mäkelä

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**1. Money in the game – what role does financial recovery play in the treatment of gambling addiction?**

Jenna Mäkelä, Sosped Foundation, Finland.

**2. Sources of strain, social integration and gambling in cases of suicide.**

Jani Selin, Finnish Institute for Health and Welfare, Finland.

**3. The timeline of services supporting financial recovery in gambling disorder: a qualitative interview study with gamblers**

Maria Heiskanen, Finnish Institute for Health and Welfare, Finland.

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**Conference Room F****Workshop 6. Responsible Gambling tools in action****Chair:** Axel Lyckberg

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**1. Real-time, data-driven player interactions.**

Tanja Sween, Norsk Tipping, Norway.

**2. Experiences from Player's limit setting.**

Daniela Johansson, PAF, Åland, Finland.

**3. The multi-stepped intervention model from Nederlandse Loterij**

Remco van Gastel, Nederlandse Loterij, Netherland

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**Conference Room H****Workshop 7. Treatment barriers, awareness, interventions and self-help groups****Chair:** Niri Talberg

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**1. Barriers to the treatment of gambling problems: New perspectives on problem gambling and why so few seek help.**

Niri Talberg &amp; Stian Overå, Centre for Addiction Issues (KORUS-Øst), Norway.

**2. Let's talk about gambling – using the “product family” as a way of promoting awareness of gambling in Finland.**Heidi Ruohio<sup>1</sup>, Corinne Björkenheim<sup>2</sup>, Eija Pietilä<sup>3</sup> & Rikka Salmelin<sup>1</sup>, <sup>1</sup>Finnish institute for health and welfare, <sup>2</sup>Gambling Clinic, <sup>3</sup>EHYT Finnish Association for Substance Abuse Prevention, Finland.**3. Improving workplace interventions for problem gambling – challenges and lessons learned**

Jonas Rafi, Per Carlbring &amp; Petra Lindfors, Stockholm University, Sweden.

**4. Advantages and experiences with physical and digital self-help groups in Norway.**

Kristian Vike, Spillavengighet, Norway.

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Conference Room I

**Workshop 8. Remote treatment and helplines**

**Chair:** Christofer Hagstedt

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1. Therapist assisted Online Treatment for problem gamblers. Experience and research after 20 years of operation in three different countries.

Christofer Hagstedt, Sustainable Interaction, Sweden.

2. Development curves for a video game addiction

Finn Stenwall and Adam Reuterswärd, Spelfriheten, Sweden

3. Experiences from the Norwegian gambling and gaming helpline.

Gjøa Ree-Lindstad & Mona C. Finstad, Hjelpelinjen, Norway.

4. Time to Fold-program. 8 week online treatment program for problem gamblers in Finland. Evaluation of treatment effectiveness.

Anna Borodavkin, Peluuri, Finland.

19:00 - 22:00

Kolabrautin Harpa

**Gala Dinner**

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18:45 Buses depart from Hilton & Cabin to Kolabraut, Harpa

19:00 Conference dinner at Harpa, 4th floor

20:30 SNSUS 2023 Grant

20:45 Stand-up by Ari Eldjárn

22:00 Free evening in Reykjavík, no arranged transport back to hotels

**Time**

**Thursday, June 1**

09:00 - 10:00

Conference Room HI

**Plenum III:**

Nordic Gambling Models

**Chair:** Thomas Nilsson

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Members of SNSUS

10:00 - 10:30

Foyer

Coffee Break

10:30 - 11:30

Conference Room HI

**Plenum IV:**

**Chair:** Daníel Ólason

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The limits and potential of voluntary and mandatory precommitment technology

Paul Delfabbro, professor, University of Adelaide, Australia

11:30 - 12:30

**Panel Discussion**

To what extent do the Nordic models reflect best practises in regulation for gambling harm reduction

**Panel:** Riitta Matilainen, Paul Delfabbro, Daniela Johansson & Judith Glynn.

**Moderator:** Christofer Hagstedt

12:30 - 13:30

**Lunch**

13:30 - 15:00

**Parallel sessions****Conference Room G**

Workshop 9. Interventions, customer interactions and the illusion of control

**Chair:** Daniél Ólason

1. How interaction design can influence and support responsible gambling tools and their effect.

Carly Grace Allen, Norsk Tipping, Norway.

2. Targeted interactions prevent future at risk-and harmful play for at-risk customers who activate play-breaks

Tanja Sween, Norsk Tipping, Norway.

3. Follow-up on telephone intervention to High-Risk Gamblers

Lars-Henrik Mangen, Svenska Spel, Sweden.

4. Testing a consequence of the illusion of control in gambling, using a mobile phonebased task

Ty Hayes<sup>1</sup>, Lukasz Walasek<sup>1</sup>, Matthew Browne<sup>2</sup> & Philip Newall (presenting)<sup>3</sup>, <sup>1</sup>University of Warwick, <sup>2</sup>CQUniversity, <sup>3</sup>University of Bristol

**Conference Room H**

Workshop 10. Affordability and harm minimization in gambling

**Chair:** Jakob Jonsson

1. New ideas in Harm minimization in gambling

Jakob Jonsson, Sustainable Interaction, Sweden.

2. Introducing an affordability approach to gambling in a North American context: Consideration for implementation

Judith Glynn<sup>1</sup> & Lia Nower<sup>2</sup>, <sup>1</sup>University of Gibraltar, <sup>2</sup>Ruthers University, Gibraltar/USA.

3. Implementing Affordability limits in Sweden.

Axel Lyckberg, Svenska Spel, Sweden.

4. Open discussion on affordability

**Conference Room F**

Workshop 11. Holistic model of recovery, art-therapy and psychological processes of athletes

**Chair:** Johan Tapio Vindum Eklund

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1. Combining peer group, professional support and recovery research – experiences of theme peer group supporting recovery from information and support point Tiltti

Katri Kytöpuu, Information and support point Tiltti, Gambling clinic, Finland.

2. Supporting recovery via creativity – an art therapeutic group for problem gamblers in information and support point Tiltti.

Ira Hynninen-Sundelin, Information and support point Tiltti, Gambling clinic, Finland.

3. Psychological processes for male athletes with gambling problems, a study carried out in Sweden 2022.

Karolina Defalva, Hillringsbergs Rehabcenter, Sweden.

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15:00 - 15:30

Conference Room HI

**Closing of the Conference**

Board of SNSUS