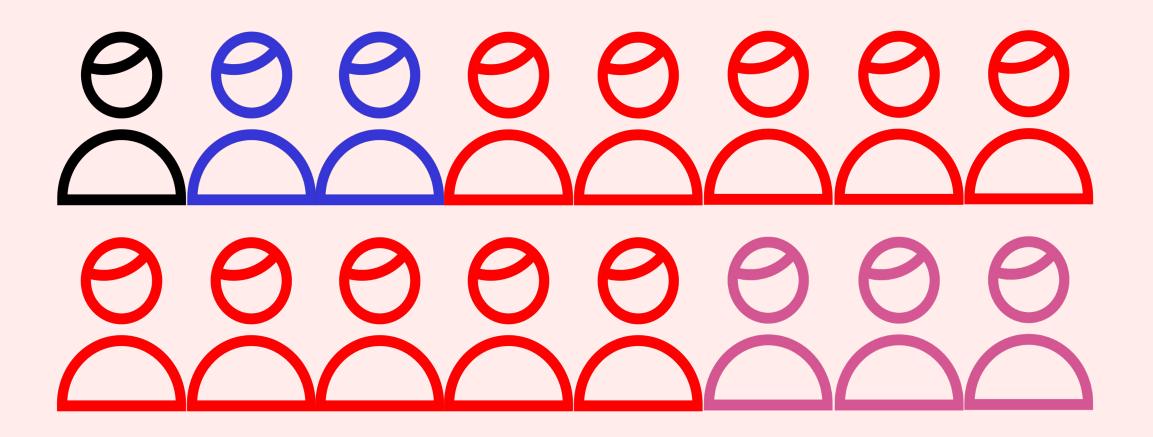


# Why do gamblers choose to self-exclude and why do they want to start again?



## **Responsible Gambling Team** - a short presentation



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## **Responsible Gambling Team** - a short presentation





- Criteria (not limited to)
  - Losses
  - Assessment-test
  - Self-exclution

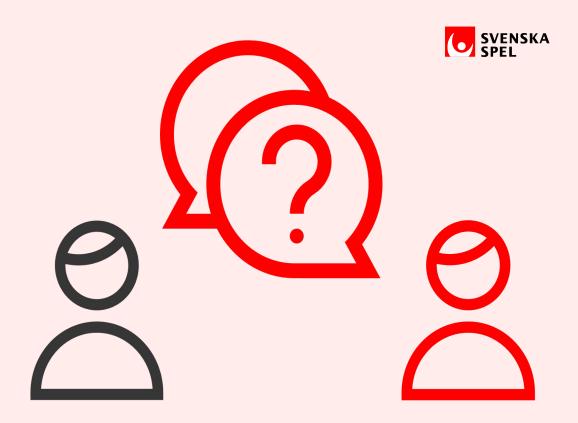
Motivational Interviewing

SVENSKA SPFI

- Open Questions
- Reflections
- Affirmation
- Evocation

## **Self-exclution**

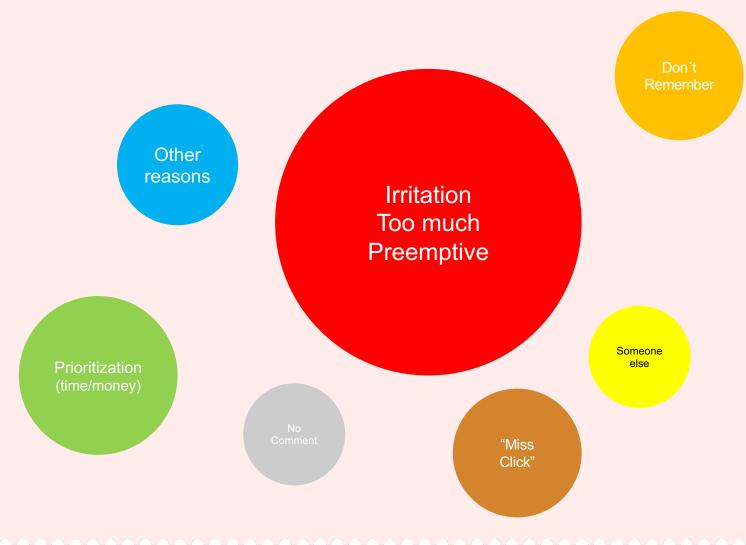
- 12 and 36 months until further notice. (24h, 3- and 6 months – released automatically.)
- "Total" and "Vertical"
- Have to contact Svenska Spel to be canceled.
- 24 h before contacted by Omsorg.
- A dialogue have to be held.
- Spelpaus.se



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#### **Reasons for self-exclusion**



- "I started remodeling my house."
- "I took a break when I went abroad."
- "Had a dare with friends."
- "I wanted to teach my child about the consequences with gambling"
- "I didn't mean to"
- "My ex and a friend did it."
- "My partner has an addiction"
- "I wanted to take a break before it became too much."
- "I got irritated when I kept on loosing."
- "I lost control."
- "I took a break preemptively due to Covid."



## **Reasons to play again**



"Feel much better now."

"I just want to have fun with my friends."

"It's fun to play, but sometimes you just need to take a step back for a while."

"I got a job."

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"I want to play sports, but Casino was what made me take a break."

"I've had time to reflect and now want to play again on a more manageable level."

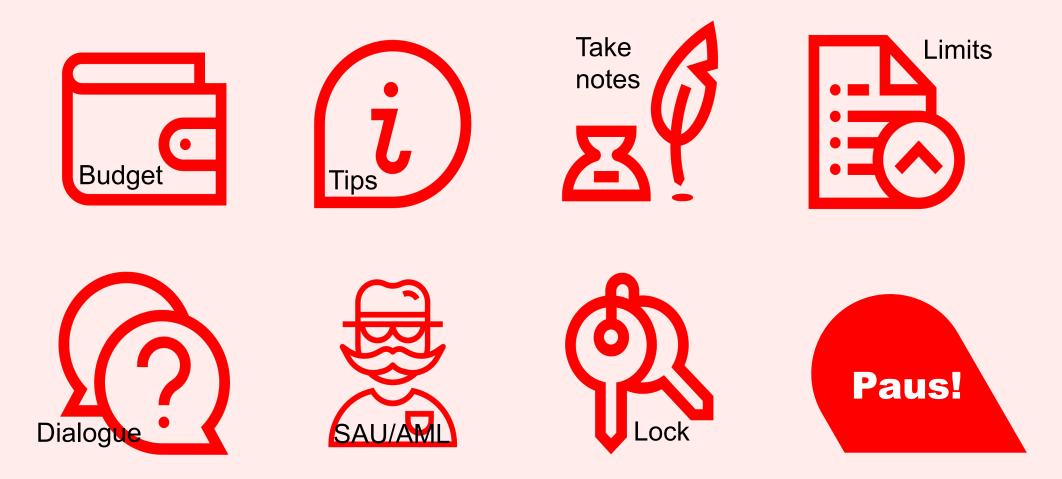
"I was given Triss online"

"I'm back from my trip."

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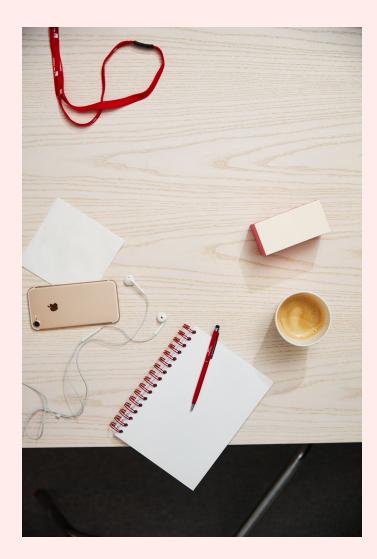
## What actions are taken?





# **Reflections from us:**

- Well Received
- 24 h before contact
  - Rethinking
  - Indication
- Actions
- Taking Notes
  - Tracks previous conversations
  - Follow-ups
- Going Forward
  - Chatt?
  - Other means of communication?
  - Follow-up on all self-exclutions



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# **Thank You!**