

## The need for Pro-Activity, Positive Play, Personalized Approach and Proof of Evidence: My Lucky Numbers

Oslo, May 2025 Pieter Remmers



### Responsible Gambling/Betting in Context



For every complex problem there is an easy answer, and it is wrong. **H.L. Mencken** 



# What is Responsible Gambling/Betting?

Policies and practices to prevent and reduce harm of gambling

Responsible gambling is about informed choice to play well designed games in a secure and supportive environment



### What is Responsible Gambling/Betting?

#### 4 different and equally important definitions:

- 1. For the operator it means the Policies and Practices to prevent and reduce harm of gambling/betting
- 2. For players it means having the Informed Choice to play well designed games in a secure and supportive environment
- **3.** For regulators it means ensuring Compliance with the social responsibility provisions of regulation
- **4.** For game developer it means being responsible for an attractive game within limits



# My Lucky Numbers

- 1. Research: evidence based/ best practice
- 2. Technology (AI) and RG
- 3. Voluntary/ mandatory measures/ limit setting
- 4. Advertising/ marketing: gambling/ betting restrictions
- 5. Bonusses, cash backs, incentives
- 6. Social games/ loot boxes
- 7. Alternative treatment: abstinence/ harm reduction
- 8. Role supplier/ operator/ regulator
- 9. RG and/or ESG

## My Lucky Numbers

- Gambling Motives questionnaire (GMQ)
- Structured Clinical Interview for Gambling Disorder (SCI-GD)
- Online Gambling Disorder Questionnaire (OGD-Q)
- Gambling Attitudes and Beliefs Scale (GABS)
- South Oaks Gambling Screen (SOGS-5)
- Pathological Gambling Adaptation of Yale-Brown
- Obsessive-Compulsive Scale (PG-YBOCS)
- Gambling Behavior Scale for Adolescents (GBS-A)
- Gambling and Gambling Problem Perception Questionnaire (GGPPQ)
- Jonsson-Abbott Scale
- Canadian Problem Gambling Index (CGPI)
  - Problem Gambling Severity Index (PGSI-9)
- Holistic Recovery Capital in Gambling Disorder (HRC-GD)
- Belief in Good Luck Scale (BIGLS)/Beliefs Around Luck Scale (BALS)

- Gambling Expectancy Questionnaire (GEQ)
- Impact of Gambling Advertising Scale (IGAS)
- Gambling Readiness to Change Questionnaire (GRTC)
- Gamblers' Beliefs Questionnaire (GBQ)
- Gambling Related Cognitions Scale (GRCS)
- Gambling Disorder Identification Test (G-DIT)
- Problem and Pathological Gambling Measure (PPGM)
- Canadian Adolescent Gambling Inventory (CAGI)
- Pachinko/Pachi-Slot Playing Ambivalence Scale (PPAS)
- Gambling Follow-up Scale, Self-Report Version (GFS-SR)
- Gambling Quantity and Perceived Norms Scale (GQPN)
- Online Gambling Symptom Assessment Scale (OGSAS)



# My Lucky Numbers

- Iowa Gambling Task (IGT)
- Go/No-Go Task (GNG)
- Barratt Impulsiveness Scale (BIS-11)
- Experiential Discounting Task (EDT)
- Probability-Associated Gambling (PAG) Task
- Wisconsin Card Sorting Test (WCST)
- Padua Inventory (compulsivity)
- Big Five Aspects Scale (BFAS)

- Recognizing Addictive Disorders (RAD) scale
- Risky Loot Box Index
- UPPS-P Impulsive Behavior Scale
- Brief Screener for Substance and Behavioral Addictions (SSBAs)
- Cambridge-Chicago Compulsivity Trait Scale (CHI-T)
- Positive and Negative Gaming Experience Scale (PNGE-42)
- Game Addiction Scale for Adolescents (GASA)
- sensation seeking scale V (SSS-V)
- Standard Gamble (SG) Verfahren
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