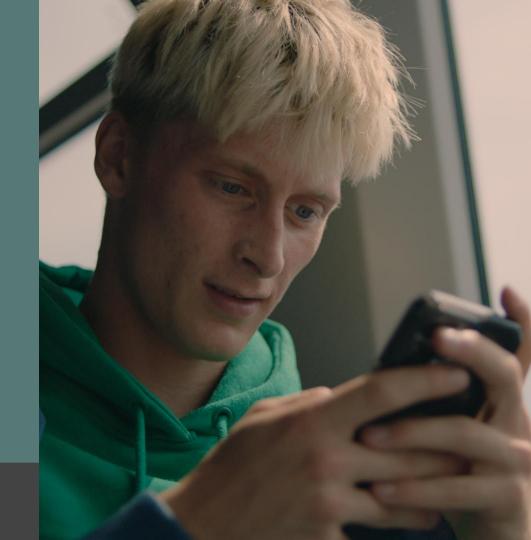
"If you don't gamble, you're not really part of the group"

Preventing problem gambling among young people in Denmark



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The Research Clinic for Gambling Disorder Aarhus University Hospital

Board member of SNSUS.org

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Who Short introduction **Why** Prevention in context: Increased gambling in Danish youth

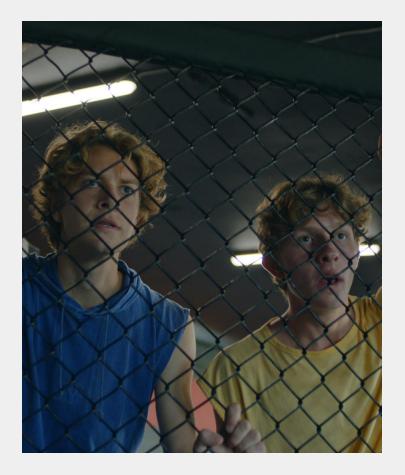






Next step What's the future

This presentation



Who

Short introduction

mikkelsen•ko





Danske Spil

S+S Sweet & Savoury Film Company

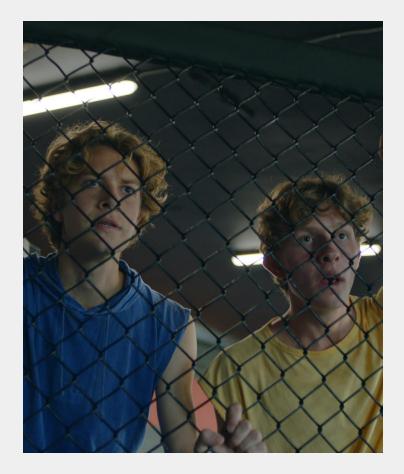
The Research Clinic for Gambling Disorder DEN A.P. MØLLERSKE STØTTEFOND

TrygFonden

Ole Kirk's Fond



INDENRIGS- OG SUNDHEDSMINISTERIET



Background The Why!

The need for prevention measures targeting **very young gamblers**

6%

Of Danish children aged 12 to 17 have some form of gambling problems

1 of 10

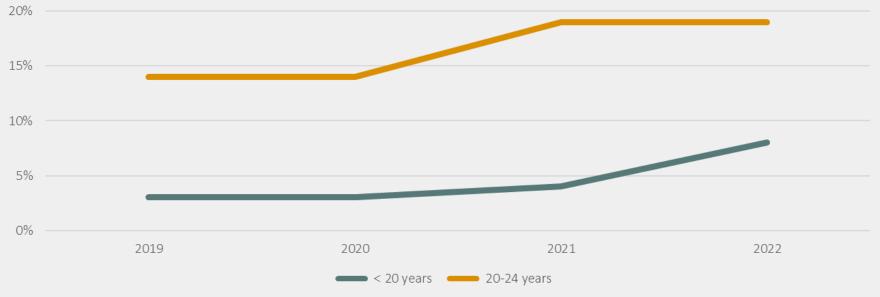
Of these children has **probable gambling disorder** according to PGSI

41%

Of adult problem gamblers started gambling before age 18

An increase in very young patients at treatment clinics

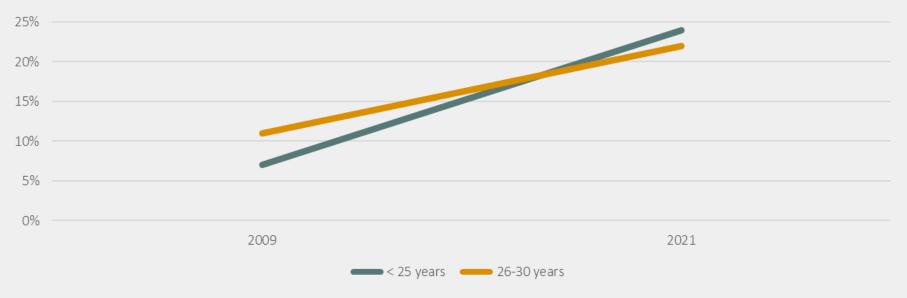
Age at first contact



Source: The Research Clinic for Gambling Disorder

An increase in very young patients at treatment clinics

Age of clients in treatment



Source: Center for Ludomani

Is gambling becoming a normalised part of youth culture?

Gambling in gaming

Exposure in youth communities

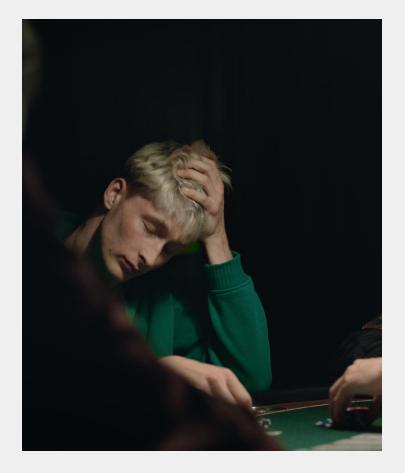
Getting hooked on "the kick": From micro transactions to skin betting - to online casinos Online gambling as classroom and sports club culture

Influenced: From gaming to gambling at age 13

Quoted from Danish newspaper, Jyllands-Posten, 11.10.2022

Michael started gaming at age 13

Michael and his brother played the first-person shooter game, CS:GO. When Michael was not gaming himself, he watched other CS:GO players via the streaming platform Twitch. On Twitch, the waiting time between CS:GO rounds was spent opening payed loot boxes. But gradually, the streamers started gambling on online casinos, and spending more time gambling than gaming. [...] "It meant that gambling in online casinos suddenly seemed very normal to me. When I talked to my friends, they told me that they had also started gambling"



Our campaign The How!

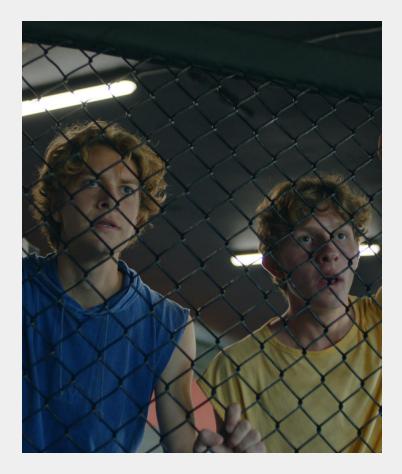
Employing a tried-and-tested method on preventing gambling problem with youngsters

Short film

30 minute short fiction film, about a young man losing control of his gambling. **Target group**: Young people (aged +12)

Gambling for life

A multiplatform prevention campaign



Full movie

30 min with english subtitles:

https://vimeo.com/762670913/4b49cea52a?share=copy

Contact: Jesper Jarl jesper@sweetandsavouryfilms.com

Gambling for life

A multiplatform prevention campaign

Short film

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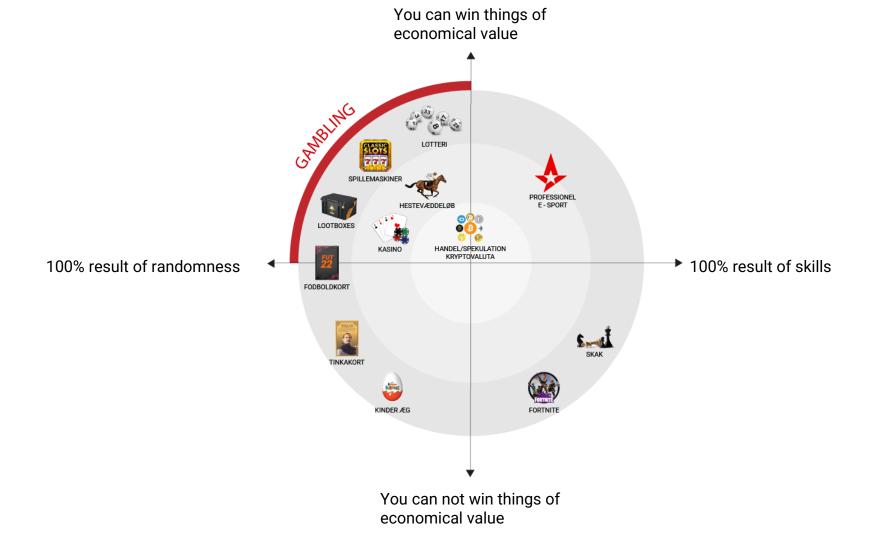
Online platform SpilForLivet.dk

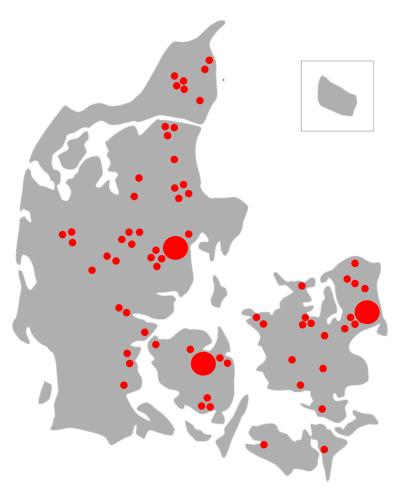
Information platform facing both youngsters, parents & teachers covering gambling disorder and offering tools to work with the film and subject.

Dialogue journey

School tour with film screening, brief lecture from an expert on gambling disorder & the story from a young former gambling addict.







180 events 2022 - 2024

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Short film

Kindred Group and Danske Spil

Funding

Online platform SpilForLivet.dk

TrygFonden, Ole Kirk's Fond, Den A.P. Møllerske Støttefond

Dialogue journey

2022: TrygFonden, Ole Kirk's Fond, Den A.P. Møllerske Støttefond

2023 & 2024: Ministry of the Interior and Health of Denmark

"It was REALLY good! captured everyone in the room. More of that." Kasper, teacher at eux

"Our students and teachers were very enthusiastic about the content. It was relevant, honest and caught everyone's attention." Gitte, teacher at elementary

school

Teacher notes

"But what can we do as teachers?"

"They gambling during classes and on the projector in breaks."

"If we block the illegal gamblings sites, then the students just create a personal hotspot."

Teacher notes

STYRER SPILLET

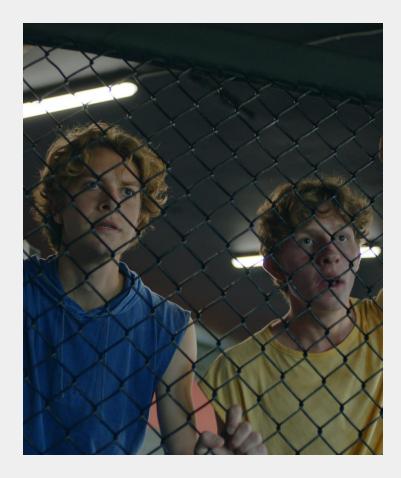
"Thanks you for telling your personal story."

"Okay, I think I'll self-exclude for a while."

"Who do I get my boyfriend to stop gambling?"

Students reactions

STYRER SPILLET



Next Step

Focus on close relatives Collaborations with soccer fanclubs to expose the campagin in 2025 Continuation the events in 2025 & 2026 Facilitating teachers and professionals in making clear rules



Thank you!

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